

Get WorkReady through Work Experience



Get the confidence and skills to succeed in the workplace

At WorkReady our goal is to equip you with the skills, knowledge, and real-world experience for you to enter/re-enter the workforce with confidence. Everybody works on building their skills at a different pace, and once you feel ready to start thinking about employment, we provide a safe environment for you to test your skills through work experience. If there are any areas that arise that you find challenging, we work on these together and provide training to prepare you for the job that YOU want.

Work experience has many benefits and provides you with an opportunity to learn the skills you need in the workplace, with positive reinforcement and encouragement, but no pressure. Placements are tailored to meet individual needs. Your WorkReady Consultant will help you prepare for the placement and set it up for you. They will also liaise with the work experience provider to ensure that you get the best possible experience in line with your personal goals.





Discover your interests and strengths

We have had great success placing participants into a productive and supportive work experience that has led to paid employment.

Work experience can provide a better understanding of what a job entails, and valuable insight into what you would like to do, what you do well, and the things you need to work on. Sometimes you discover hidden strengths that you never knew you had.

Support is delivered in the way that works best for YOU. The focus is to build independence and provide direction for you to plan your career path.

Learn the skills you need for employment

Understanding the skills required in the workplace and why they are important is critical to succeeding in a job. Work experience is such a great way to learn about essential employment skills. Participants learn from others through demonstration and instruction, as well as learning how to work independently and as part of a team. Work experience provides hands-on learning about:

- Time management and punctuality
- Planning and prioritising
- Personal presentation and grooming
- Social interaction in the workplace
- Dealing with customers
- Following instructions and practical learning
- How to deal with unexpected situations
- Problem-solving
- Appropriate workplace behaviours
- Tasks aligned to a specific job

All participants receive feedback from the work experience provider at the end of the placement, highlighting strengths, personal growth and areas for development. They may also provide an invaluable reference to use for future job applications.

Explore employment options

The world of work is bigger than ever, with so many different options to choose from. Sometimes it can be quite overwhelming to try to navigate this space. A work experience placement will allow you to see what it is like to work in an industry you are interested in and find out what other jobs are available in that industry.

Build confidence and social skills

Would you like to be able to communicate confidently in the workplace? Work experience can provide a real-life opportunity to practice and improve on your social skills. It is also a great opportunity to meet new friends!

Still at School?

Even though you are still at school, you may want to try work experience to start getting a feel for the world of work. If this appeals to you, have a chat to us about your employment goals.

NDIS plans

You may be able to access your **NDIS Plan** to fund your services with WorkReady. If you don't have an **NDIS Plan** and would like some guidance and advice around how to apply for one, we can also assist you. If you don't receive an **NDIS plan**, there are other options too. Please give us a call to discuss these with you.



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About Us

Ability Options supports people through work experience, employment, and specialist services, in home, online and in the community. Our services support people with disabilities and those whose lives are changed as a result of accidents and unemployment. We pride ourselves on personalised support for people to achieve both short and long term goals, and gain new experiences and opportunities for employment, community connections and greater independence.

Get in touch

If you are interested in the WorkReady service, including work experience, please get in touch with us. We can meet at a convenient time to have a chat about your employment goals.

To find out more or to register your interest in WorkReady, please contact us on **1300 422 454** or email **workready@abilityoptions.org.au**



We respectfully acknowledge the traditional custodians of the Country on which we live and work together and are committed to building relationships, respect and opportunities with Aboriginal and Torres Strait Islander Peoples.