# **Ability Options**

# Accommodation Services

Sydney · Hunter Valley · Newcastle · Mid North Coast









# Home is where dreams are made. We'll work to make them come true.

Ability Options has partnered with DPN Casa Capace to create a best-in-class living experience, born at the cross-section of compassionate support and innovative design.





# **About Us**

Ability Options provide employment and disability services. We support people who need assistance to achieve their aspirations and inclusion in the community.

We operate services to support people with disabilities and those whose lives are changed as a result of accidents, unemployment and disadvantage.

Our services now include accommodation, individual and group supports, respite, support coordination, therapy and employment.

We pride ourselves on delivering a person-centred approach that emphasises the individual's right and opportunity for choice and self-determination.











# **Our Values**

Our values are critical to our **Vision** and **Mission**, they embody our common purpose, and they encourage behaviours which enable us to meet our goals.

**Trust** we deliver on our promises, encourage feedback and work with **honesty** and **openness** 

Inclusion
we embrace,
encourage and support
diversity in everything we do

Courage
we act on our
values ensuring they are
central to everything we do

Respect we treat our participants, their families, communities, partners and each other with dignity, appreciation and recognition

Leadership we are a sector and service leader by innovating, improving and partnering with others







The **Ability Options Community** support people from over **94 Sites** and **Community Hubs** across Sydney, the Illawarra, Central Coast, the Hunter and Mid North Coast Regions

### **EMPLOYMENT SERVICES**





### **Workforce Australia**

We match the right people to the right jobs, delivering sustainable employment outcomes for jobseekers and employers.



Delivered by CoAct Connect and Ability Options



### **ParentsNext**

ParentsNext providers work with eligible parents to help set education and employment goals, develop a pathway to achieve their goals and link them to services and activities in the local community.



### **DISABILITY SERVICES**



Accommodation & Independant Supported Living

Accommodation and Supported living choices for people with disability.



# **Respite Services**

Quality, flexible support for children and adults with disability and their families in North West Sydney, Hunter, Mid North Coast and Northern Beaches.



# Co-ordination of Supports

Supporting people with disability to find the right providers to meet their NDIS goals.



# Community Activities

Offers a wide selection of activities and skills for life programs, support and training to assist people to learn new skills as well as make new friends and connect with the community.

### **DISABILITY SERVICES**



## **Work Ready**

WorkReady is a service that equips people with the skills, knowledge and experience to enter or re-enter the world of further training or work with confidence.





# **Therapy Services**

The team of Psychologists and Therapists works with Accommodation & Supported living residents, NDIS participants, people in Work Ready and provides vocational counselling within Olympus Solutions.



# Front Up: Arts and Cultural Program

Front Up is a disability-led Arts and Cultural program offering participants access to multi-layered professional arts and cultural education.







# **Specialist Disability Accommodation**

If you qualify for specialist disability accommodation (SDA), as a registered NDIS provider, Ability Options can provide you with purpose-built housing solutions designed for extreme impairment or high support needs.

With SDA, you won't have to pay more for accommodation just because you have support needs. Our approach is to provide safe, quality care in a place you can call home.

# Supported Independent Living

Ability Options provide accommodation services for over 100 people from a wide range of age groups living in NSW. We offer a range of service models, from units to purpose built houses and group homes with 24 hour support. Our services also work in partnership with Government agencies like Housing NSW and community housing providers to assist people to find a suitable home and support to maintain a public housing tenancy.

Our outreach program assists people to develop independent living skills and some other longer-term service users with minor levels of assistance, to manage their household and live independently. At Ability Options we are dedicated to providing advice and accommodation options for people with disability across NSW.

# **Ability Options: the Difference**

At Ability Options, we've been supporting people with a place to call home for over 40 years. Our team is passionate and dedicated to helping people find an ideal place to live.

Talk to us to discuss your needs.

# **Great housemates**

Our group homes emphasise friendship, care, and privacy. You get to choose who you live with and we help you in that process.

# Friends and activities

By choosing Ability Options, you'll have access to group and individual opportunities to make new friends. You'll also be provided with a range of daily activities, and the chance to build and develop your skills and interests.

# **Amenities**

Our properties are chosen carefully and located close to local amenities and services like shops, parks, and medical facilities for your convenience.

# **Accessibility**

We offer properties that are wheelchair accessible or can be modified to accommodate wheelchair access.

# The best support for your living style

Each property is staffed by highly experienced, dedicated team members who are trained to support people with complex needs. Our group homes offer 24/7 support for residents who need it.

Our team members also understand residents who prefer an individual style of living and will be there to support you in building your independence.

# Integrity and respect

Ability Options is driven by our core values: inclusion, trust, courage, leadership, and respect. We treat every resident with dignity, integrity, and respect.

# Person centred support

We take a human-rights focus to build a values-based practice prioritising self-determination and empowerment for each participant. Our team places the individual at the centre of their support. We work in partnership with the individual, their loved ones, and the local community to foster empowerment and inclusion.

# **Values-based support**

Our value-based support and commitment to service excellence means your health, well-being, and lifestyle are important to us. We believe each individual should have the means and support to live as independently as possible. Our support workers are here to assist you in having choice and control over your life.

# Let's Talk about your Accommodation Options

Contact Ability Options today and let's talk about your accommodation options. You can also visit abilityoptions.org.au/disability-services/accommodation-and-supported-living/submit our online form and one of our friendly team members will be in touch with you to discuss your accommodation requirements.

# NDIS Price Guide (Support Catalogue)

Please visit ndis.gov.au/providers/price-guides-and-pricing for the updated price list.

## Rates are GST exempt (excluding transport services)

To ensure quality of care and under NSW Fair Work, our carers can only work a maximum of 10 hours per day and 38 hours per week.

## **Cancellation Policy and Fee**

- 1 hour charge for a service that is 1 hour and cancelled within 4 business hours of start time of the service
- Full service charge for a service that is less than
   2 hours and is cancelled withing 4 business hours of the start time of the service
- 2 hours charge for a service that is more than
   2 hours and is cancelled within 4 business hours
   of start time of the service

All cancellation requests made outside the business hours will attract cancellation fees charged as follow:

- 1 hour charge for a service that is 1 hour
- Full service charge for a service that is less than 2 hours
- 2 hours charge for a service more than 2 hours

### **Business Hours**

Business hours are from 8am to 5:30pm Monday to Friday (excluding Public Holidays)

### For more Information

For more information call Ability Options on 1300 422 454 or email accommodation@abilityoptions.org.au

Ability Options is a TTP provider.



