

A free all-inclusive social support youth group.  
**GLAM Plus is a safe, confidential and non-judgmental environment.**



# GLAM PLUS

**GLAM Plus is for 12-17 year olds.** With fortnightly meetings that are a mix of activities and a place to socialise, build up trust, friendships and access support if needed.  
Email [info@abilityoptions.org.au](mailto:info@abilityoptions.org.au) to find out more.



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