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From Participant to Employment

Lauren lands dream role through ParentsNext

by **Sam Squire**

Becoming a parent for the first time can be a daunting, frightening and exciting time.

The experience of raising another human being for the first time is a lot to experience and can lead you down the path of also wondering how your parents managed it.

For Lauren, she became a single parent only months into having her son.

She had been a hairdresser for 20 years, but as her life changed with a new baby, she realised she was ready for a career change too.

"I was a new mum. I was new to the world of being a parent," she said, "I became a single mum when my son was just five months old and, at the time, I was receiving payments from Centrelink."

"I am a hairdresser of 20 plus years

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LETTER FROM THE EDITOR

A Holiday Message

by Rafael Sanchez-Bayo

Summer is fast approaching and so is the holiday season. It's hard to believe 2022 is almost over. Many of us, including myself, have already started planning for the summer break and what to do for Christmas and New Year.

During this time of year, many of us tend to spend quality time with their families and friends over good food and drinks, head to the beach to cool down in the water and play a game of beach volleyball. I find the end of the year is also a time of reflection and celebration; we get to look back on all our achievements throughout the year and think about our goals for the year ahead.

2022 has been a year of change. There have been many milestones that have contributed to changing perceptions and advocating for the rights of people with disability.

We watched Paralympian Dylan Alcott make history as he became the first person with disability to be named Australian of the Year. Mrs Nola Buck, one of Ability Options' former Board Directors and life member, was awarded the Order of Australia Medal for her dedication, service, and advocacy to and for people with disability.

The federal election in May was a key moment where we witnessed the formation of a new government,

including the appointment of The Hon. Bill Shorten MP as the new Minister for the National Disability Insurance Scheme (NDIS). In October, we welcomed the good news of an independent review into the NDIS. We will watch this review with close interest for updates and hope the government will remain committed to delivering on its original promises for the scheme, and for it to improve and sustain the future of the scheme for all Australians with disability.

To celebrate the end of 2022, I wanted to take a moment to look back on some of my favourite good news stories from around Ability Options from each edition of TheVoice.

In **Autumn**, we celebrated the emotional and heart-warming reunion of sisters Beverley and Carol in 'Sisters reunited after years apart' which brought joy to our hearts. The sisters had lost contact with each other for more than a decade. Thanks to the power of technology and the persistence and dedication of our staff, Carol and Bev's mini family reunion was made possible. The sisters now live next door to each other and regularly spend time together.

We also learned about Michael's journey through WorkReady in 'From WorkReady to DES: Michael's



transition to employment.' Michael joined Ability Options' WorkReady service two years ago with the goal of preparing for the workforce. He landed a job as a Landscaping Labourer at V.I.P. Home Services. He continues to enjoy contributing to his community and thanks Ability Options' teams for supporting him in his journey and in achieving his employment goals. Congratulations Michael on your achievement.

As the weather turned cold for **Winter**, we learned about participant Michelle. She enjoyed her time attending the Kempsey Local Show, which is something she has dreamed of going to for a long time. Upon entering the showground for the first time, Michelle was overwhelmed with joy and excitement as she moved through the gates with support workers Bailey and Jacob, who supported her throughout the day. Michelle hopes to attend the Kempsey Show again when it returns, hopefully soon.

One of my highlights for the year was learning about Alex who uses our WorkReady service. He achieved a big milestone after

getting his provisional P1 driver's licence. With his new-found-freedom, Alex can now get around and go to different places on his own and explore different employment opportunities. Congratulations and well-done, Alex! Keep up the good work.

With **Spring**, I was delighted to hear about Thomas and his achievement in securing employment in 'Thomas Makes Independent Move thanks to WorkReady.' Since joining WorkReady, Thomas, with the support of his WorkReady Consultant, has been working hard in identifying and developing key job skills that will help boost his confidence in finding and keeping a job. Fast forward to today, Thomas is celebrating two years working in his first job, which he says is his biggest accomplishment in his employment journey, all thanks to the wonderful support of Ability Options and his support circle. His journey does not end there, as Thomas continues to maintain the skills he has learned to work towards future goals and opportunities. Congratulations, Thomas! You're winning this.

Another story highlight from the year is about Myra, one of our Support Workers, who had the privilege of representing Ability Options at the Australian Services Union (ASU) conference. The two-day event saw frontline disability workers from across Australia come together for their first face-to-face conference in three years, where they discussed new ways to improve the disability workforce to make the NDIS the best it can be for people with disability and society. I'm glad to hear that Myra had a great experience at the conference and was also thrilled to learn that she had the opportunity to meet with The Hon. Bill Shorten MP, Minister for the National Disability Insurance Scheme.

In this **Summer** edition, I was thrilled to hear the incredible story of Lauren, a Human Resources Advisor and former participant with Ability Options, who landed her dream career working in Human Resources thanks to her hard work, determination, and the support she received in our ParentsNext program. Lauren continues to thrive in her role at Ability Options.

I'd like to wrap up the year by wishing you all a safe and merry holiday season and a happy New Year. I hope you enjoy reading the collection of stories in the final edition for 2022 and continue to kick more goals in the year ahead. I can't wait to share more amazing stories from across Ability Options with you in 2023.

From Participant to Employment:

Lauren lands dream role through

ParentsNext *continued from page 1*

by trade, but when my son was born, I decided I needed a change. So, I utilised the time I had with my baby, and enrolled to study Human Resources when he was about seven months old."

Lauren enrolled at TAFE to study Human Resources and extend her working knowledge to broaden her career possibilities.

That's when she discovered Ability Options and its ParentsNext program.

"Not long after I enrolled in TAFE, I got a letter in the mail from Centrelink with a notice that I was eligible for the ParentsNext program at Ability Options," she said.

"I didn't want to participate initially. I thought, 'Why do I have to do this? I have a new baby and I'm studying, I'm in no way ready to re-join the workforce'."

Even so, Lauren attended her appointment with her ParentsNext Consultant Vicki and questioned why she needed to be there.

"Vicky was so patient and kind," Lauren said, "She explained the ParentsNext process and made me feel I was in no way pressured to get back into the workforce and made sure to inform me I was supported on my journey while parenting and studying."

ParentsNext is a service which helps parents with young children prepare for returning to work, by equipping them with the skills, confidence and support needed to prepare for – and find – employment or study options that suit them.

So, from 2018 to 2021 while also navigating being a new mum, Lauren kept going with ParentsNext and TAFE.

"I completed my course in December 2019. I was ready to go and get back into the workforce," she said.

"I was ready to start putting my new skills to use, but then COVID-19 hit. It was impossible to find

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A Message from our CEO

Dear Readers,

In drafting my letter for the Summer issue of TheVoice, I reflected on the year that was 2022. At the time of writing, we had just finished working on the development of our 2022 Annual Report. Published in November, the Report provides many stories to dip into. It highlights the achievements of participants supported by Ability Options, as well as the work our teams do in supporting them to identify and meet their goals. I wanted to share some of those stories with you in this edition, along with some important industry updates.

There has been a lot going on in the disability sector lately. As you would expect, the new Federal Government has been doing lots of work in the first few months since the election, including bringing forward the planned **10 Year Review of the National Disability Insurance Scheme (NDIS)**. The review aims to ensure that the scheme meets its goals.

For me that means ensuring that people with disability, their families and carers can easily access the supports they need to live the lives they choose.

I think the current commentary which talks about costs only, misses the benefits, not only to participants and families but also to the wider country. Including people with disability in our communities makes Australia a

better place. In addition, the NDIS offers a great return to our economy. Research commissioned last year from think tank Per Capita identified that for every \$1 invested in the NDIS, the economy benefits by \$2.25. If I spent \$1 and got \$2.25 change, I'd be happy; wouldn't you? Along with great outcomes, and an inclusive society. We are engaging in this review, and we'll share our thoughts with you as it progresses.

We hope that the recent appointment **of Kurt Fearnley AO as Chair of the NDIA** will enable people with disability to use their voices to influence policy in improving the NDIS and advocate for those not supported by the scheme. We know that, with the right support, people with disability can feel included in their communities and be active in meeting their goals.

Much closer to home now, throughout the year, there have been many things happening across Ability Options that have supported people with disability to transform their lives and make their choices a reality. One of those **is our continued focus on providing employment opportunities for people with disability** and educating employers about the benefits they bring to the workplace. I'd like to highlight one participant's achievements in securing employment, whose story was recently shared in TheVoice.

Simon started with WorkReady early this year with the



goal of gaining paid employment and in doing so, work towards independence.

During his WorkReady sessions, Simon learned many important life skills, including improving his communication and travelling independently to and from work, all of which gave him the confidence to take the first step of gaining work experience in a local café.

Two months later, Simon commenced work experience at the café. He enjoyed his time exploring the various tasks given to him, including working as a kitchenhand, improving his dexterity and organisational skills, and building his confidence in his communication skills by conversing with the regular customers.

When asked about his work experience, Simon said he enjoyed working with the friendly team and would one



I really hope you enjoy reading TheVoice. We are always open to suggestions, comments, and feedback of any kind to Suite 1.14, 29-31 Lexington Drive, Bella Vista, NSW, 2153 or communications@abilityoptions.org.au

day like to learn how to make coffee and utilise his physical strength to help with the store deliveries at the dock. Simon's employer was so impressed, they offered him paid employment five months after starting with WorkReady and was supported by the Disability Employment Services and Community Engagement teams to ensure a smooth transition into his role. Simon is thriving in his new job and has fulfilled his goal of finding suitable employment.

Hearing stories like these and sharing them with our community is so important to me. It reminds me why we do what we do, and the impact it can have on individuals. It's the reason we do this newsletter, it helps us to remain connected to you, and allows us to share not just important information but the changes we see in the day-to-day lives of our people and participants.

Another thing we have been doing this year is finding **new and creative ways to support participants in looking after their wellbeing.**

One story I really enjoyed reading and would love to share with you is about our partnership with Vegepod in introducing the GrowAbility program to participants, where they get to create and maintain their own garden. The program was born from the belief that gardening has many benefits for all of us, including life skills, mental wellbeing, and

reduced isolation. Some participants wanted to try out gardening themselves. They have loved the experience and have seen the benefits for themselves. Since the introduction of the GrowAbility program, Ability Options have installed vegetable pods at three sites, providing participants with the opportunity to boost their confidence, learn about nutrition and healthy eating, and develop social connections. We can't wait to expand the program to more Ability Options sites and see what vegetables participants have harvested. I love seeing how our teams continue to think outside the box and come up with new ideas to meet our mission and stay true to our values.

Lastly, I'd like to finish by **celebrating the success and expansion of Club All In**, which continues to provide participants, families, and carers with the opportunity to connect with each other and form meaningful social networks. The discos we host across the Northern Beaches, Western Sydney, and more recently, the Mid-North Coast, have been very popular amongst participants and have created a community that enriches the social lives of people with disability,

promoting a sense of belonging. It has been great to see the program expand across the state this year off the back of such positive feedback, and I look forward to hearing about what Club All In has in store for future events.

All that remains is for me to wish everyone a Happy Xmas and a peaceful New Year.

Best wishes,

Julia Squire

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From Participant to Employment: Lauren lands dream role through ParentsNext *continued from page 3*

work in HR when business was closing. No-one was hiring."

When the pandemic hit, business ground to a halt for some, made others homebound, and finding employment was a challenge for many.

"I was enjoying being a new mum," she said. "But I definitely was focused on completing my studies, and the plan for when it was finished was to be ready to get into work."

After the COVID lockdown in 2020 had ended, Lauren was eager to start searching for a position in Human Resources.

"I was having a hard time finding employment in HR," she said. "The market was still quite limited and presumably very competitive."

On her job hunt, Lauren came across an apprenticeship at a plant nursery. She went for the position, but was offered instead a casual position.

"My passion for plants was about to reach a new height," she said.

Unfortunately, when her son became unwell, so she took time off to care for him. On her return to work at the plant nursery, she was unfortunately let go. However, that didn't stop Lauren from working towards her goal of working in Human Resources.

"I had to have time off with my son when he was sick over the Easter break in 2021. When I returned the following week, I had some bad news."

Lauren had an appointment with Vicki a week or so later, told her what had happened, and she suggested Lauren should apply for a position with Ability Options

– they were looking for jobactive Employment Consultants, and she said Lauren would be perfect for the role.

"Vicki assisted with tailoring my resumé and referred me to her manager. I got a pre-screen call, an interview and a week or so later got the call from my new manager Jess that I got the position as a jobactive Employment Consultant at The Entrance! I was so excited; it was one step closer to getting me into the world of HR."

Stepping back into the workforce did present a challenge as a new mum, but Lauren's drive and patience helped make the transition smooth.

"It was a smooth transition, though. He started going to day care two days per week care when I was studying, and then gradually built his days up in preparation for me to start working full time," she said.

Lauren was excited about the prospect of entering a whole new career path, what she would learn and what opportunities would come with it.

"I knew Ability Options from being a participant and did my research before the job interview. I was aware of the career progression that Ability Options supported," she continued.

"When I started the role, I had one week in the office. Then the 2021 COVID-19 lockdown came into effect, so I spent the first four months of my job working from home, in training, completing the modules, shadowing and then taking over the caseload."

"I loved being an Employment Consultant. It was so incredibly

rewarding. I got to know my caseload and build a strong rapport with the majority of them. I assisted so many participants in overcoming barriers and gaining sustainable employment."

"It was an eye-opening experience, and I learned a lot about how vulnerable our participants were during that time. I also placed 21 participants into employment during that lockdown period."

Having the experience from being a participant of Ability Options to then being an Employment Consultant helped Lauren understand her new role.

"I had a relative understanding of my job's process and requirements," she said.

"As soon as I saw the open position as a Human Resources Advisor, I jumped at the chance with the full support from my incredible manager Jess. I knew the company structure, policies, and the procedures, which allowed me to jump straight into the role and commence training with my new, super supportive team."

"My favourite part of being with Ability Options is the work family I have gained. My team from jobactive, especially The Entrance, will be lifetime friends and I am so grateful to have had the pleasure of working with them every day."

With that, Lauren says, for anyone considering entering the ParentsNext program:

"Participate, take on the support and trust the process. Your Employment Consultant has your back, especially if it's Vicki from Bateau."

In the shark tank: Warwick's educational adventure

Experiences that offer learning opportunities is something Ability Options supports participants to do daily.

For participant Warwick, a keen interest in Australia's aquatic neighbours sparked his goal to visit The Shark and Ray Rescue Centre in Port Stephens.

Sharks and stingrays often get a bad rap in the media. From rare shark attacks to the tragic loss of treasured Aussie icon Steve Irwin, it's understandable that these wondrous sea creatures are seen as dangerous.

They aren't all bad, though, as Warwick learned on his day out. Many sharks and stingrays are harmless to humans.

It turns out these sea creatures, except for the Great White Shark, would rather avoid people altogether than go near them.

Warwick learned a lot about sharks and stingrays on his trip to the rescue centre, like that some sharks have skin-like sandpaper to help with reducing resistance when swimming, or that some go into an immobile, sleep-like state when turned upside down.

When he got to the centre with his support workers, there was a demonstration put on by one of the guides where they talked about the decline in shark populations across the world due to hunting.

The guide told visitors that sharks, in particular, are hunted by people in some parts of the world.

"Over 100,000 are killed every year," the guide said.

"Unfortunately, many sharks are hunted for their meat and fins, which are sold to Chinese fish markets."

Warwick learned that the overfishing of sharks is driven by international trade that goes way beyond their fins. In recent years, the shark meat trade has rapidly expanded and shark products such as cartilage and oil all contribute to the decline in their populations from hunting.

After the guide's demonstration, Warwick got to experience the centre's juvenile Guitarfish Sharks and stingrays up close – the guide told Warwick these species are harmless to people, especially when they're young. He learned how to safely be around them.

Warwick said his favourite part of visiting the rescue centre was being able to pat some Guitarfish Sharks, which are harmless to people, and feed the stingrays.

Warwick really enjoyed the day. After his visit to the rescue centre, he rounded off the day at McDonald's with a thickshake and an apple pie.

Ability Options is a proud provider of accommodation services to people with disability. We want to support you to live the life you want so you can be a part of your community, while feeling respected and having a sense of belonging. Find out how our accommodation services can support you on our website: <https://abilityoptions.org.au/disability-services/accommodation-and-supported-living/>



Outcomes from NDIS Audit

In October, Ability Options underwent an NDIS external mid-term surveillance audit. This audit was conducted by Community Audits Australia (CAA) and the outcome was based on best practice, exemplary leadership, and commitment to the people Ability Options support.

The following organisational strengths were identified throughout the audit:

1

Our Board and Executive Team demonstrate strength, commitment, and engagement in all aspects of the organisation.

2

Ability Options is committed to the learning and development of staff and delivers training which ensures workers meet the needs of each participant and meets obligations under the National Disability Insurance Scheme Practice Standards and other NDIS rules.

3

The clinical governance at Ability Options is that of quality and the Clinical Services Team continues to support health care outcomes for the people we support and best practice in this area.

4

Ability Options' commitment to decreasing behavioural restrictive practices and the implementation of behaviour support plans are monitored through a combination of formal and informal approaches, including through feedback from the participant, team meetings, data collection and record keeping.

Furthermore, CAA identified Ability Options as having best practice regarding providing opportunities for people with disability to contribute to the organisation's governance and provide their input into the development of organisational policy and processes relevant to the provision of supports and the protection of participant rights.

A quote from CAA states that:

"Ability Options has developed into a benchmark provider of services to offer dignity and choice to participants and a meaningful workplace to staff."

Though CAA did not provide recommendations or suggestions on areas of improvement, Ability Options uses feedback provided by participants, families, and the community to implement a continuous improvement framework and best practice.

Co-Designing the new My Rights Meeting Agenda

As part of the Voice survey action plan, Royal Commission findings, and Ability Options' commitment to embedding active support-principles into practice through the Quality Practice & Assurance (QPA) Operational Plan, the QPA team designed a draft house meeting agenda which was reviewed at the Human Rights Committee.

The Human Rights Committee provided their feedback and suggestions for improvement, including renaming the template from House Meeting Agenda to **'My Rights Meeting Agenda'** allowing for its use more broadly across all services offered by Ability Options.

New additions to the agenda include:

- Community Mapping,
- Choice and control over shopping,
- Progress towards goals,
- Discussion about upcoming transitions and new employees

The feedback from the co-design of the meeting template will be implemented and final endorsement will be sought from General Managers prior to moving onto the pilot stage.

Supported Decision Making Co-Design Group: Project Update

The co-design group led by Council of Intellectual Disability and Flinders University will wrap up the project in

December having reviewed supported decision making and easy-read resources for people with disability, their families, support workers, and behaviour support practitioners.

The resources will teach people to use supported decision making in behaviour support plans and have a say about what goes in their plan. The co-design group have most recently made decisions on the layout of the webpage which will host the resources and commented on the colour schemes, accessibility features and user-friendliness.

More to come on Ability Options' role in piloting the new resources for use in 2023.

University of Sydney: ARC NDIS Rhetoric vs Reality 2021- 2024

Three Ability Options participants have recently participated in the Centre for Disability Studies ARC NDIS Rhetoric vs Reality 2021-2024 research project.

The focus of the research is about choice, NDIS planning, and the role people play in service innovation.

The first phase of the project involved semi-structured interviews with three people (two people receiving Ability Options accommodation services and one Ability Options day program service user) with scale administration used to assess quality of life and choice and undertake an iCAN gap analysis of their NDIS plans. These participants will be interviewed



again in next year to see if there have been changes.

The second and third phases of the project will begin in 2023, which will involve 'photo voice' and focus groups, as well as support worker and family/carer interviews.

Ability Options will be invited to review and comment on emerging results, drafts and final reports, and assist with the promotion of research outputs and dissemination. Ability Options will also be provided with the opportunity to nominate employees to be trained in undertaking iCAN needs assessments.

The view of the research is that the project has a promising long-term potential to be a longitudinal and independent quality of life outcomes project for people with intellectual disability in the context of a maturing NDIS.



Your Service Your Rights workshops



The Your Service Your Rights workshops are about your rights when you receive services.



There are 4 workshops that are about:

- Rights and services
- The NDIS Commission and complaints
- Speaking up and supports
- Being involved to help make services better



The NDIS Quality and Safeguards Commission asked us to run the workshops.

NDIS Quality and Safeguards Commission makes sure NDIS services do the right thing.



The workshops will be in person and online.



Council for Intellectual Disability is running the workshops in NSW.

We say **CID** for short.



To find out more about the workshops, you can call CID on 1800 424 065 or email at business@cid.org.au



The workshops are **free** for people with intellectual disability.

Council for Intellectual Disability made this document Easy Read. CID for short.



Inclusion Australia



Do you want to know more about **making decisions?**

Do you want to talk to peers with disability?

Do you want to meet new people?

Join our Peer Mentor group!

Together we will

- Explore decision making topics
- Learn from each other and share our stories
- Find out about your rights to make decisions
- Learn about getting support for your decisions



The peer mentor group is run by and for people with lived experience of intellectual disability.

For more information contact
info@cid.org.au or call **1800 424 065**



Ben's Road to Opportunity

Ben has reached his goal of independence by getting his driver's licence so he can have more freedom to live his life and help more with his family.

Ben joined Ability Options as a participant in 2018 and knew achieving this goal would take time.

Ben said with the right support network, anything is achievable.

He began working with his Support Coordinator Lauren to find an instructor who could teach him basic driving skills. He then worked with his psychologist to help him manage stress and other challenges he faced on his journey.

The road to getting his driver's licence was not easy. Along the way, Ben faced different challenges that tested his resilience.

The first was finding a suitable driving instructor who understood his needs and could support him

to achieve his potential. Lauren supported him in finding someone who was patient and happy to accommodate his needs.

Once he finally found someone who ticked all the boxes, Ben, with his instructor guiding him, started learning all the essential skills needed to drive safely, from starting the car to knowing how to change lanes.

After spending hours, weeks, and months practising his newly learned driving skills, Ben felt ready to move onto the driving test for his P1 licence. With Lauren's support and encouragement, Ben worked on booking a timeslot that suited his schedule and practised to be fully ready for the test.

His hard work had finally paid off after he successfully passed the driving test and received his P plates and licence.

Ben is now the proud owner of a provisional P1 driver's licence and is feeling more independent than ever. He is grateful to Lauren for supporting him in achieving his goal, saying that it wouldn't have been possible without her.

"Lauren, my Support Coordinator, made my journey a lot easier to manage and navigate. Thanks to her support and guidance, achieving my goal has been made possible. I feel very proud of my achievement and can't wait to explore what future opportunities lie ahead and where my licence will take me to next."

Achieving this goal has led Ben to seek out new opportunities for independence, such as finding employment. We know you can do it Ben, and our coordinators will be there to guide you every step of the way.



Speaking up for inclusion with Ainslie



Ainslie, a Support Coordinator in the Hunter region, has recently pioneered a new standard of advocacy and inclusion for people with disability, and has raised the bar for how Ability Options goes above and beyond in supporting participants.

She actively supports participants in the region to help them better understand their NDIS plan while also ensuring their needs and goals are met.

She is highly respected by her colleagues and is a great advocate for people with disability, who is not afraid to speak up and raise any concerns to managers and carers to ensure that the people under her care are receiving the best quality supports.

Ainslie's manager, Matthew, says he is very proud of how she supports her participants and is a "great addition" to the team.

"Ainslie is an absolute standout in the Hunter CoS Team," he said. "She actively encourages the inclusion of all participants to achieve their goals in the community."

"She is trustworthy, constantly does her job with integrity and is always open to feedback in improving the services she delivers. Ainslie has received lots of praise from her colleagues for her can-do attitude, which has had a positive impact on the lives of people with disability. A key example of this was when she volunteered to assist understaffed

houses in the Accommodation Team to ensure participants receive the best quality care and support," he continued.

"Her contributions have made a difference to how the team operates and the lives of the people she supports."

Inclusion — one of our key values — is something Ainslie strongly advocates for and demonstrates, according to the feedback she receives from other staff and the participants she supports. Ainslie's advocacy for inclusion shines through her work supporting Jillian.

Jillian, who has been in and out of hospital, has been working with Ainslie in navigating a range of new accommodation placements and engaging in meaningful activities, such as art, which she enjoys. She often delivers her artworks to the Maitland office for Ainslie as a sign of gratitude for all the support she received in managing her challenges and achieving her goals.

Ainslie's enthusiasm and willingness to support her colleagues and participants have transformed into great leadership skills. She has received lots of recognition from her colleagues within Ability Options for putting her hand up to provide support and guidance to frontline staff. Matthew says Ainslie shows her initiative and that his team are honoured to have someone who they can turn to for assistance and advice.

"Ainslie is a great leader to our team," he said.

"She showed this recently after stepping into a Support Manager role for two months to ensure the team is well supported all while maintaining support for her full caseload. The Hunter CoS Team is lucky to have another senior colleague they can reach out to for assistance."

Support Coordination, also known as Coordination of Supports (CoS), is a service offered to participants by Ability Options, which aims to support you in navigating your NDIS plan and achieve your chosen goals, by connecting you to the right service providers in the community. At Ability Options, we have more than 40 Support Coordinators, who have extensive experience working in the disability sector and are passionate about supporting participants in making the most out of their NDIS plan.

To find out more about Support Coordination and how Ability Options can assist you, visit our website using the link – <https://abilityoptions.org.au/disability-services/support-coordination/>

Club All In unleashes spooky spirits in debut Halloween-themed party

Trick or Treat! Who doesn't love a good Halloween costume party? 31 October is one of the spookiest times of the year, where people from all walks of life dress up as their favourite characters and show off their scary side, while indulging in good food, sipping potions, and diving into some "terrifying" entertainment.

TheVoice was thrilled to get into the Halloween spirit after learning that Club All In hosted their first ever Halloween-themed disco in Western Sydney.

The team shared some spooky snapshots of the party, which was a huge hit.

We can see that there were plenty of skeletons, zombies, and other spooky characters who all came together to socialise and dance the night away, creating awesome memories.

The Editorial Team would like to thank the Club All In Team for sending in these photos from another successful night and look forward to sharing more participant adventures from across Ability Options in 2023.







HOLIDAY SEASON OFFICE CLOSURES

Our offices will close at 12.30pm
on Friday, 23 December 2022 and
reopen at 9.00am, Tuesday, 3 January 2023.

We would like to wish everyone a happy and
safe holiday season and look forward to a
prosperous 2023.



► Contact Us

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