

Your Home. Your Options!



AbilityOptions



A home that's uniquely yours • Help to achieve YOUR goals • Now you have options!



Live the life YOU want!

Achieve your goals

We support you to live the life you want, so that you can be a part of your community while also feeling respected and having a sense of belonging.

Our services are tailored to meet your specific needs, and we will support you to navigate your life towards independence.

Options to cater for your unique needs

We offer a range of services delivered by experienced support workers, nurses and property managers.

We are a leading provider of accommodation and supported independent living for over 45 years.

We will find options to cater for you, to support you and your unique needs.





Ally - Loves to travel

"I want to go around Australia first. Melbourne next year. I haven't been to Melbourne yet.

I'm going to save for my holidays.

The staff help me to work on my budget.

I also collect the bottles and cans for 'Return and Earn' to get extra money for my holidays."



Anna - Support Worker for Ally

"All the people I support have different types of goals. For Ally one of her goals is to travel. She has a lot of places she would like to visit.

I'd describe Ally as an explorer. She loves to explore new things, visit new places and experience new things.

As Ally's key worker, one of the ways I support her is with her budget. We have worked together to make her budget plan, so she can save enough money for the trip she wants to take at the end of the year."



Help at every step of the way

If you already have funding, or you are just at the start of your application process, we are here to help you.

Ability Options support homes are located throughout Greater Sydney, the Hunter Valley Region, the Central Coast and the Mid-North Coast.

What's Next?

A way to get a home that is right for you

- **Supported Independent Living (SIL)** - get help with day to day tasks.
- **Specialist Disability Accommodation (SDA)** - a modified home with specific features you need to live independently.
- **Individualised Living Options (ILO)** - live in the home of your choice, while getting the support you need.
- **Assistance with Daily Life (ADL)** - a helping hand with everyday things in your home.
- **Short Term Accommodation (STA)** - offers a change of scenery, a break. Stay overnight, for a weekend, or a holiday.
- **Medium Term Accommodation (MTA)** - when your long term housing isn't quite ready.
- **Disability support for older Australians (DSOA).**

There are many ways to access our services. If these options don't suit your needs, speak to us, as we can help you find a service option that is as unique as you are.





Kevin loves building his independence

"I like when I do things around the house."

Robert loves spending time on his hobbies

"Gardening makes me happy in my home."



We can help you achieve your unique goals

Shelly loves to get involved with daily activities

"I love getting in the kitchen and assisting with cooking."



Glenn loves building connections

"Christmas time is about connecting with family and friends"



Ally loves to relax in her home and unwind

"When I want to relax I do my colouring in or scratch art."

Kerri-Anne loves learning new things

"I'm working on getting my driver's licence."




To find out more about accommodation options for people with disability in NSW, check out our vacancies page or contact us today.

abilityoptions.org.au

1300 422 454

It's all about you!

A woman with brown hair tied back, wearing sunglasses and a blue sleeveless dress with a white floral pattern, is standing in a garden. She is looking down at a cluster of tall yellow flowers. The garden is filled with various plants, including green leafy ones and some with red flowers in the foreground. In the background, there are trees and a building.

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