

# Mid North Coast Short Term Accommodation

## Life's better with Options



### Why choose Ability Options?



Recognised sector leader with 40+ years' experience.



Expertly trained teams with specialised skills for *all* needs.



Service & support designed for quality outcomes *every* time.

## Our Mid North Coast Options

Seabreeze



The Retreat



Forster Cottage



## Life's better with Options

- Relaxing homes for both planned and short breaks.
- Comfort, safety and support is our priority.
- Therapy and daily living skills services.
- Day programs and group activities.
- Socialisation, recreation and community access.

Book an onsite tour  
**1300 422 454**  
abilityoptions.org.au

Visit our website

