



## Support Coordination



**We help you navigate your NDIS plan and achieve your goals, by coordinating and connecting you to mainstream, community and funded supports.**

Our experienced NDIS Support Coordinators have strong connections within the disability sector and a deep understanding of NDIS frameworks. We work with participants with diverse backgrounds and abilities, helping to plan for your future, manage changes and access supports and service providers that align with your NDIS plan and goals.

We can support you to:

- Manage your chosen supports effectively to get the best outcomes and value for money from your plan
- Collaborate with your formal and informal support networks to help you meet your NDIS plan goals
- Support you to access the NDIS portal so you can monitor how your funds are being spent
- Work with you to monitor progress and outcomes against your goals
- Assist you to prepare for any NDIS review meetings
- Build your capacity to co-ordinate your own supports.

### About Us

At Ability Options, supporting people living with disability is at the heart of everything we do. As a recognised sector leader in disability services and a trusted Registered NDIS Provider, we're committed to empowering you.

We have almost 50 years experience providing supports in the home, the community and the workplace to help you achieve your goals and inclusion in your community. Whether you're interested in pursuing independent living, employment, study or greater social participation, our connected team of Support Coordinators have the skills to guide and assist you.



## Where are we located?

Our Support Coordination services are widely accessible, no matter where you are in Australia. Our Support Coordination services are available in Greater Sydney, the Central Coast, the Hunter Region and the Mid-North Coast.

Our team also provides virtual support for people living remotely or in other states of Australia. To find out more about how our team can help fulfil your COS NDIS plan, contact us today.

## Connect with us today:

Call our friendly team on **1300 422 454**

or email **info@abilityoptions.org.au**

To find out more visit our website. Scan the QR code or visit:  
**abilityoptions.org.au/disability-services/support-coordination**

