

Seeking Respite on the Mid North Coast?

Discover our Short Term Respite Accommodation in Port Macquarie



Our respite accommodation in Port Macquarie is a safe, supported place where people with disability feel comfortable and cared for - while giving carers a break from their caring responsibilities.

With decades of experience, Ability Options is your trusted Registered NDIS Provider of Short Term Respite services.



Seabreeze Port Macquarie

Wake up to the fresh ocean air, with the beach just minutes from your door. At Seabreeze, you'll find a peaceful retreat set on half an acre of beautifully landscaped gardens, perfect for relaxation or adventure.



5 Bedrooms



3 Accessible Bathrooms



Air-conditioned



Full Kitchen Facilities



Soft Play Area



Features

- Staff on-site 24/7
- Therapeutic spa bath
- Multiple relaxation zones
- Undercover outdoor area
- Outdoor BBQ and picnic facilities
- Van transport

AbilityOptions





Short Term Accommodation Services

Our experienced staff offer 24/7 support with active night shifts.

Services are tailored to your needs to help you achieve your goals and support your independence.

Beyond rest and care, our respite programs encourage independence through skill development and engaging activities tailored to your interests, goals and abilities.

"Respite stays have played an important part in helping my son build skills for independence" - Michelle, Mum & Carer

Want to find out more or organise a tour of our STA properties

Contact our friendly team today on
1300 422 454 or visit our website

Scan the QR codes below for more information and to enquire



Seabreeze
Port Macquarie



Video of
Seabreeze

Life's better with Options

Contact our friendly team today.

1300 422 454 abilityoptions.org.au

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