

# Seven Hills – Activities Calendar – June 1 - 5

## MONDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and adventures!

**ACTIVITY ONE:** Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO:** Let's head to Armoury Wharf for a lovely walk in nature and then enjoy a delicious lunch at the cozy café!

## TUESDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and adventures!

**ACTIVITY ONE:** Auburn Botanical Gardens: a beautiful walk-through nature and lunch amongst the trees.

## WEDNESDAY

**IN CENTRE ACTIVITY:** We have some thrilling Arts and Crafts activities coming up that you'll love!

**ACTIVITY ONE – 9AM – 3PM:** Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO:** Lake Parramatta Escape – enjoy scenic walks and fresh air by the lake, followed by a relaxed lunch.

## THURSDAY

**IN CENTRE ACTIVITY:** Unleash creativity through arts and crafts; transform ideas into beautiful handmade treasures

**ACTIVITY ONE – 9AM – 3PM:** Explore Regatta Park – scenic walks, outdoor fun, and time to unwind by the river.

## FRIDAY

**IN CENTRE ACTIVITY:** Music, Arts and Craft Activities

**ACTIVITY ONE:** Bicentennial Park Escape – enjoy beautiful park walks and open spaces, followed by lunch at Waterview Café.



**Anthony Diacopoulos**

Ph: 0488 299 040

[anthony.diacopoulos@abilityoptions.org.au](mailto:anthony.diacopoulos@abilityoptions.org.au)

# Seven Hills – Activities Calendar – June 8 - 12

## MONDAY

**IN CENTRE ACTIVITY:** Cooking day, where we can shop for ingredients together and prepare a delicious lunch.

**ACTIVITY ONE** – Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO** – Enjoy plane watching and beach strolling at Brighton-Le-Sands for a fun day out!

## TUESDAY

**IN CENTRE ACTIVITY:** We have some thrilling Arts and Crafts activities coming up that you'll love!

**ACTIVITY ONE** – Warragamba Dam: An Engineering Marvel Surrounded by Beautiful Nature and Enjoy a Delicious Lunch Outdoors.

**ACTIVITY TWO** – Macquarie Park in Windsor – enjoy scenic walks and fresh air by the lake, followed by a relaxed lunch.

## WEDNESDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and games!

**ACTIVITY ONE** – Join us for a fun morning of bowling at Rooty Hill for just \$14 for two games, followed by lunch at a nearby park!

**ACTIVITY TWO** – Merrylands Gardens – stroll through the gardens, see the animals, and soak up the sunshine together.

## THURSDAY

**IN CENTRE ACTIVITY:**

Unleash creativity through arts and crafts; transform ideas into beautiful, handmade

**ACTIVITY ONE** – Fagan Park Adventure – explore beautiful gardens, enjoy gentle walks, and relax in nature with friends.

**ACTIVITY TWO** – Bicentennial Park Escape – enjoy beautiful park walks and open spaces, followed by lunch at Waterview Café.

## FRIDAY

**IN CENTRE ACTIVITY:** Aqua Golf (\$10 per bucket or \$6 with a companion card) and lunch at the Family Inn.

**ACTIVITY ONE** – Discover the beautiful Rousehill Regional Park, and lunch at The Vinyard Hotel.

**ACTIVITY TWO** – Carrs Park Fun – sunshine, riverside views, and good vibes and a leisurely lunch!



# Seven Hills – Activities Calendar – June 15 - 19

## MONDAY

**IN CENTRE ACTIVITY:** Cooking day, where we can shop for ingredients together and prepare a delicious lunch.

**ACTIVITY ONE** – Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO** – Richmond Secret Garden Escape – discover a hidden garden, enjoy peaceful walks, soak up the calm magical vibe.

## TUESDAY

**IN CENTRE ACTIVITY:** We have some thrilling Arts and Crafts activities coming up that you'll love!

**ACTIVITY ONE** – Bicentennial Park Escape – enjoy beautiful park walks and open spaces, followed by lunch at Waterview Café.

**ACTIVITY TWO** – Carrs Park Fun – sunshine, riverside views, and good vibes and a leisurely lunch!

## WEDNESDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and adventures!

**ACTIVITY ONE** – Join us for a fun morning of bowling at Rooty Hill for just \$14 for two games, followed by lunch at a nearby park!

**ACTIVITY TWO** – Explore Regatta Park – scenic walks, outdoor fun, and time to unwind by the river.

## THURSDAY

**IN CENTRE ACTIVITY:**  
Unleash creativity through arts and crafts; transform ideas into beautiful, handmade .

**ACTIVITY ONE** – Auburn Botanical Gardens: a beautiful walk-through nature and lunch amongst the trees.

**ACTIVITY TWO** – Lake Parramatta Escape – enjoy scenic walks and fresh air by the lake, followed by a relaxed lunch.

## FRIDAY

**IN CENTRE ACTIVITY:** Bake center, then sing your heart out at fun karaoke party!

**ACTIVITY ONE** – Rouse Hill Regional Park and The Vineyard Hotel—your perfect spots for fun and relaxation!



# Seven Hills – Activities Calendar – June 22 – 26

## MONDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and games!

**ACTIVITY ONE:** Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO:** Enjoy a nature walk and a waterfront lunch at Bobbin Head Picnic Grounds.

## TUESDAY

**IN CENTRE ACTIVITY:** We have some thrilling Arts and Crafts activities coming up that you'll love!

**ACTIVITY ONE:** Travel to Francis Park, located at the Blacktown Showground, for some fun and lunch.

## WEDNESDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and games!

**ACTIVITY ONE:** Join us for a fun morning of bowling at Rooty Hill for just \$14 for two games, followed by lunch at a nearby park!

**ACTIVITY TWO:** Merrylands Gardens – stroll through the gardens, see the animals, and soak up the sunshine together.

## THURSDAY

**IN CENTRE ACTIVITY:** Unleash creativity through arts and crafts; transform ideas into beautiful, handmade treasures.

**ACTIVITY ONE:** Richmond Secret Garden Escape – discover a hidden garden, enjoy peaceful walks, soak up the calm magical vibe.

## FRIDAY

**IN CENTRE ACTIVITY:** Prepare delicious pancakes to kickstart your morning and embrace singing at karaoke for lunch.

**ACTIVITY ONE:** Visit Regatta Park for fun and games and Lunch at the Regatta Park Kitchen

**ACTIVITY TWO –**



# Seven Hills – Activities Calendar – June 29 – July 3

## MONDAY

**IN CENTRE ACTIVITY:** Cooking day, where we can shop for ingredients together and prepare a delicious lunch.

**ACTIVITY ONE** – Bowling thrills followed by a delightful picnic at the park! The total cost for two games is \$14.

**ACTIVITY TWO** – Lake Parramatta Escape – enjoy scenic walks and fresh air by the lake, followed by a relaxed lunch.

## TUESDAY

**IN CENTRE ACTIVITY:** We have some thrilling Arts and Crafts activities coming up that you'll love!

**ACTIVITY ONE** – Auburn Botanical Gardens: a beautiful walk-through nature and lunch amongst the trees.

**ACTIVITY TWO** – Richmond Secret Garden – discover a hidden garden, enjoy peaceful walks, soak up the calm, magical vibe.

## WEDNESDAY

**IN CENTRE ACTIVITY:** Craft, create, explore, and imagine with fun activities and games!

**ACTIVITY ONE** – Join us for a fun morning of bowling at Rooty Hill for just \$14 for two games, followed by lunch at a nearby park!

**ACTIVITY TWO** – Let's head to Armoury Wharf for a lovely walk in nature and then enjoy a delicious lunch at the cozy café!

## THURSDAY

**IN CENTRE ACTIVITY:** Unleash creativity through arts and crafts; transform ideas into beautiful, handmade .

**ACTIVITY ONE** – Bicentennial Park Escape – enjoy beautiful park walks and open spaces, followed by lunch at Waterview Café.

**ACTIVITY TWO** – Exciting train trip to Richmond for plane spotting and lunch in the beautiful park nearby with friends.

## FRIDAY

**IN CENTRE ACTIVITY:** Aqua Golf (\$10 per bucket or \$6 with a companion card) and lunch at the Family Inn.

**ACTIVITY ONE** – Explore Rouse Hill Park, enjoy some games, and celebrate with lunch at the Ettamogah Pub.

**ACTIVITY TWO** – Aqua Golf (\$10 per bucket or \$6 with a companion card) and lunch at the Family Inn.

