

Monday

Tasty Cooking 🍳

Let's get cooking!
9AM – 12PM
\$10 fee

Feel-Good Yoga 🧘

Stretch and relax!
9AM – 12PM
\$15 fee

Zumba Groove 💃

Move and groove!
9:30AM – 12PM
\$10 fee

Health & Wellbeing ❤️

Feel your best!
12PM – 3PM
\$5 fee

Ten-Pin Bowling 🎳

Strike up some fun!
12PM- 3PM
\$10-\$18 fee

Tuesday

Walking Group 🚶

Step into fun!
9AM – 12PM
FREE

Arts & Crafts 🎨

Get creative!
9AM – 12PM
\$5 fee

BBQ at the Garden 🌱

Eat and Garden!
12PM – 3PM
BYO BBQ FOOD

Movie Magic 🎬

Lights, Camera, Fun!
12PM – 3PM
FREE

Wednesday

Textile Creations 🧵

Craft & Connect!
9AM – 12PM
\$5 fee

Gym & Fitness 🏋️

Move & Thrive!
9AM – 12PM
\$7 fee

Youth Adventure Day 🎉

Hang out, Have FUN
9AM – 3PM
FREE to \$30

Karaoke Jam 🎤

Sing, Laugh & Shine!
12PM – 3PM
\$10 if you're singing
and
\$20 for lunch

Thursday

Community Access 🚶

Coffs Community
Adventure!
9AM – 12PM
FREE

Tasty Cooking 🍳

Let's get cooking!
9AM – 12PM
\$10 fee

Music in the Park 🎵

Picnic, Play & Listen to
Music!
12PM – 3PM
FREE

Games Galore 🎲

Play and Connect!
12PM- 3PM
FREE

Friday

Creative Art 🎨

Imagine, Create &
Connect!
9AM – 12PM

Recreational Trip 🚌

Fun, Fresh &
Community-
Focused!
10AM – 4PM
FREE to \$30 fee

Saturday

Field Trip 🚌

Explore, Connect &
Have Fun!
9AM – 4PM
\$30 fee
Held **once a month**
on Saturdays

Saturday Night Live 🎭

Connection & Good
Times! 🌙
5PM – 10PM
\$30 fee
Held **on Saturday**
Nights

Movie & Dinner 🎬

Film, Food & Fun!
5PM – 10PM
\$40 fee
Held **once a month**
on Saturdays

Week 1 – 04/09/2026



Archibald Prize Exhibition

- **FREE**
- **BRING Morning Tea, Hat, Lunch & a Drink**

Enjoy a walk and a picnic lunch down at the jetty. Then experience a guided tour of the fabulous Archibald Prize exhibition at Yarrilla Arts Museum. There will also be a Portrait Art Making Workshop where you can show off your creative skills and create a unique work of art!

Week 2 – 11/09/2026



Lunch - Pub With No Beer

- **\$20-\$30 Lunch**
- **BRING Morning Tea, Hat & a Drink**

Time for a fabulous road trip to the famous Pub With No Beer! Enjoy a drive through the country with morning tea along the way. Then have a delicious lunch with your mates at the Pub and play some pool and look at the memorabilia out on the big verandah.

Week 3 – 18/09/2026



Urunga Boardwalk BBQ

- **\$10 for BBQ Lunch**
- **BRING Morning Tea, Hat, Sensible Footwear & a Drink**

Enjoy morning tea at Mylestom before heading down to beautiful Urunga. Go for a walk along the newly opened boardwalk, play some games in the park and have a scavenger hunt for some great prizes. Have a delicious BBQ lunch and some time in the sun!

Week 4 – 25/09/2026



Putt Putt Golf

- **\$12 - 18 Holes Golf**
- **BRING Morning Tea, Hat, Lunch & a Drink**

Have morning tea with your friends before heading down to Coffs Driving Range and enjoy a round of 18 holes of Putt Putt Golf! There is also the driving range if you want to hit some balls. After a morning of activity enjoy a picnic lunch at Diggers Beach.