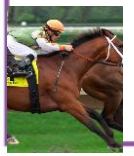
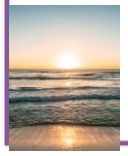
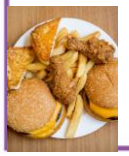
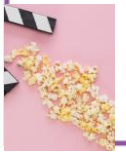
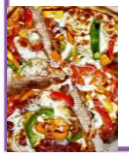
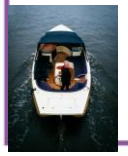
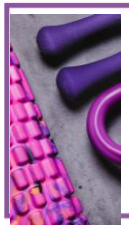
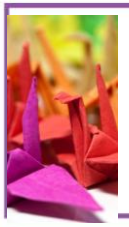
NOVEMBER CALENDAR 2026

AbilityOptions

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02  **Coffee Club 9-3** Kempsey RSL 10am & Painting @ HQ	**03**  **PCYC Day** 9.30-12.30 Get fit at the PCYC	**04**  **Social Catch Up** **@ HQ** or RSL Bingo 1045 -145 Cost starts from $5.00 for book	**05**  **MasterChef HQ** 9.30-1.30 Budget Shop Create $15	**06**  **Leisure Link** **Kempsey Cup** Cost $15 at the gate. Bring or buy own lunch
09  **Coffee Club 9-3** Drift café C/Head 10am Beach walking/ Whale watching	**10**  **PCYC Day** 9.30-12.30 10am Heights club play pool cost $1.00 per game	**11**  **Social Catch Up** **REMEMBRANCE DAY LEST WE FORGET 11AM**	**12**  **MasterChef HQ** @ HQ $15 9.30am-1.30pm Young Chefs 1.45pm-4.15pm	**13**  **Leisure Link** **Movie day** $15.50 Bring or buy own lunch. OP Shopping
16  **Coffee Club 9-3** Netherby House & Op shopping & Wii games @ HQ	**17**  **PCYC Day** 9.30-12.30 Get fit at the PCYC	**18**  **Social Catch Up** **@ HQ** or RSL Bingo 10.45-1.45 Cost starts from $5.00 for book	**19**  **MasterChef HQ** 9.30-1.30 Budget Shop Create $15	**20**  **Leisure Link** Port Macquarie **BBQ Boat Cruise** $40 pp Includes lunch
23  **Coffee Club 9-3** 10am Zodiac Coffee & Slim Dusty Gallery	**24**  **PCYC Day** 9.30-12.30 Swimming Kempsey Pool $5	**25**  **Social Catch Up** **@ HQ**, enjoy a cuppa and games with friends	**26**  **MasterChef HQ** @ HQ $15 9.30am-1.30pm Young Chefs 1.45pm-4.15pm	**27**  **Leisure Link** **Swimming** at Crescent Head pool $5 & picnic lunch. $15.
30  **Coffee Club 9-3** 10am SWR Pink Elephant Whale watching	 PCYC each Tuesday also offering the above activities if you would like to attend…	 Kempsey RSL Bingo Mon-Thurs 11am-2pm Lunch @ Club Prices	 Neighbourhood Centre Free Art & Craft 10am Thursday & Friday Mornings	 If you have any questions about the activities, please reach out to Michelle on 0457805285